

# Mens Size Scale

Point of Measure	XS	SM	MD	LG	XL	2XL	3XL	4XL	5XL
Neck	15	15.5	16	16.5	17.5	18.5	19.5	20.5	21.5
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
Sleeve	31.5	32.5	33.5	34.5	35.5	36.5	37.5	38.5	39.5

To determine your size, follow these simple instructions:

**BUST/CHEST:** Measure around the chest at the fullest point of the bust.

**WAIST:** Measure around the waist at the height you wear your pants or skirt.

**HIP/SEAT:** Measure around the fullest point of your seat while standing.