| Alpha Size | Numeric Size | Chest* | Waist | Hip |
|------------|--------------|---------|---------|---------|
| xxs | 00 | 31 in | 24.5 in | 34 in |
| | 0 | 32 in | 25.5 in | 35 in |
| xs | 2 | 33 in | 26.5 in | 36 in |
| | 4 | 34 in | 27.5 in | 37 in |
| s | 6 | 35 in | 28.5 in | 38 in |
| | 8 | 36 in | 29.5 in | 39 in |
| М | 10 | 37 in | 30.5 in | 40 in |
| | 12 | 38.5 in | 32 in | 41.5 in |
| L | 14 | 40 in | 33.5 in | 43 in |
| | 16 | 42 in | 35.5 in | 45 in |
| XL | 18 | 44 in | 37.5 in | 47 in |
| | 20 | 46 in | 39.5 in | 49 in |
| XXL | 22 | 48 in | 41.5 in | 51 in |
| | | | | |

^{*}Chest is usually the best size predictor. However, if your hip measurement is larger, consider buying the size indicated for your hips.