

Neck
Measure at bottom around entire neck
Chest Width
Measure 1" below armpit around entire torso

Waist
Measure around your waist at the narrowest part of your torso

| Shirts Sizes* | S | M | L | XL | XXL | XXXL | 4XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Neck | $14 \frac{1}{2}-15$ | $15 \frac{1}{2}-16$ | $161 / 2-17$ | $171 / 2-18$ | $181 / 2-19$ | $191 / 2-20$ | $201 / 2-21$ |
| Chest Width | $36-38$ | $39-41$ | $42-44$ | $45-47$ | $48-50$ | $51-53$ | $54-56$ |
| Waist | $28-30$ | $32-34$ | $36-38$ | $40-42$ | $44-46$ | $48-50$ | $52-54$ |
| Shorts \& Pants <br> Sizes* |  |  |  |  |  |  |  |
| Waist | $28-30$ | $32-34$ | $36-38$ | $40-42$ | $44-46$ |  |  |

## Women's Size Chart



Bust:
With your arms relaxed at your side, measure the bust line at the fullest part of your chest. Pull tape tight without changing the shape of your breasts.

Waist:
With loose tape measure around your torso at the smallest part of your waist.

Hips:
Wrap a measuring tape around your body at the fullest part of your bottom. Be sure the tape is flat against your body and parallel to the floor.

| Size* | XS | S | M | L | XL | XXL | XXXL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number Size | 2 | 4-6 | 8-10 | 12-14 | 16 | 18 | 20 |
| Bust | 33 | 341/8-351/4 | $361 / 4-371 / 4$ | 383/4-403/8 | 42-43 | 44 | 46 |
| Waist | 253/8 | 261/8-27 | 28-29 | 303/4-321/2 | 33112-35 | 37-38 | 40-42 |
| Hips | 35\% | 371/8-381/4 | 391/4-401/4 | 413/4-431/4 | 45-47 | 47-48 | 48-52 |

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[^0]:    *Sizes are based on your actual nude body measurements.

